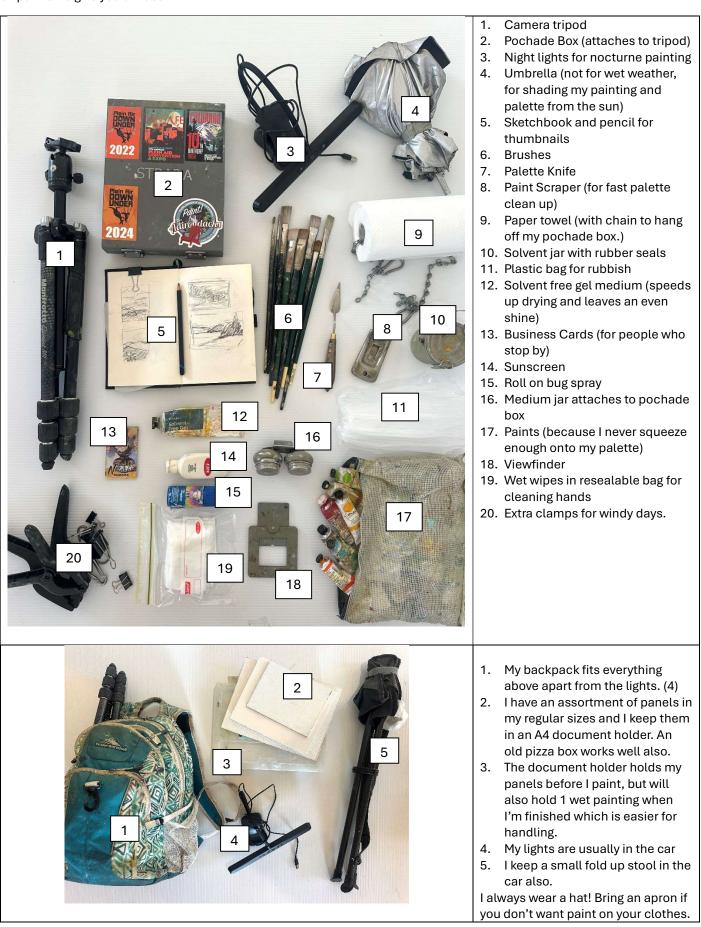
## INTRODUCTION TO OUTDOOR PAINTING with Natasha Ruschka

## **Materials List**

Bring all your usual paint supplies to paint outdoors. If you are new to painting outdoors, here is a list of my materials as an oil painter to give you an idea.



## Paint Colours (for all mediums)

Paint with the colours you are used to.

If you are just starting out work with a limited palette of one of each Red/Blue/Yellow and a neutral like transparent red oxide or raw umber, and a white. (I suggest Cad Red/Ultramarine Blue/Cadmium Yellow).

Here are some colours I recommend but they are not necessary. You can achieve a lot with the limited palette above.

- Cadmium Red/ or Napthol Red or another firetruck red
- Alizarin Crimson or another pinky coloured red
- Ultramarine Blue
- Phthalo Blue or Prussian Blue, or Cobalt Blue
- Cadmium Yellow Light
- Cadmium Yellow Deep/Medium or Indian Yellow
- Yellow Ochre
- Transparent Red Oxide
- Titanium White

Acrylic Artists - I recommend getting a retarding medium to slow the paint drying. It will dry faster outdoors.

## For this workshop, please ensure you have the following...

- A sketchbook and a pencil, or a pen for quick value studies.
- If you are not used to being on your feet for long periods I recommend a stool/chair.
- Please ensure you bring a hat, sunscreen and a water bottle.
- I highly recommend some kind of viewfinder. This can be very useful when you're surrounded by so many beautiful scenes and aren't sure of what to paint. You can buy something like this gray one, or a few cut pieces of old matt board work too.







I will provide a worksheet with summary information from the workshop to help you for the remainder of the festival week.

There will be a café available for lunch or you can BYO lunch.

I'm looking forward to painting with you!

Natasha