

INTRODUCTION TO OUTDOOR PAINTING with Natasha Ruschka

Materials List

Bring all your usual paint supplies to paint outdoors. If you are new to painting outdoors, here is a list of my materials as an oil painter to give you an idea.

	<ol style="list-style-type: none"> 1. Camera tripod 2. Pochade Box (attaches to tripod) 3. Night lights for nocturne painting 4. Umbrella (not for wet weather, for shading my painting and palette from the sun) 5. Sketchbook and pencil for thumbnails 6. Brushes 7. Palette Knife 8. Paint Scraper (for fast palette clean up) 9. Paper towel (with chain to hang off my pochade box.) 10. Solvent jar with rubber seals 11. Plastic bag for rubbish 12. Solvent free gel medium (speeds up drying and leaves an even shine) 13. Business Cards (for people who stop by) 14. Sunscreen 15. Roll on bug spray 16. Medium jar attaches to pochade box 17. Paints (because I never squeeze enough onto my palette) 18. Viewfinder 19. Wet wipes in resealable bag for cleaning hands 20. Extra clamps for windy days.
	<ol style="list-style-type: none"> 1. My backpack fits everything above apart from the lights. (4) 2. I have an assortment of panels in my regular sizes and I keep them in an A4 document holder. An old pizza box works well also. 3. The document holder holds my panels before I paint, but will also hold 1 wet painting when I'm finished which is easier for handling. 4. My lights are usually in the car 5. I keep a small fold up stool in the car also. <p>I always wear a hat! Bring an apron if you don't want paint on your clothes.</p>

Paint Colours (for all mediums)

Paint with the colours you are used to.

If you are just starting out work with a limited palette of one of each Red/Blue/Yellow and a neutral like transparent red oxide or raw umber, and a white. (I suggest Cad Red/Ultramarine Blue/Cadmium Yellow).

Here are some colours I recommend but they are not necessary. You can achieve a lot with the limited palette above.

- Cadmium Red/ or Naphthol Red or another firetruck red
- Alizarin Crimson or another pinky coloured red
- Ultramarine Blue
- Phthalo Blue or Prussian Blue, or Cobalt Blue
- Cadmium Yellow Light
- Cadmium Yellow Deep/Medium or Indian Yellow
- Yellow Ochre
- Transparent Red Oxide
- Titanium White

Acrylic Artists – I recommend getting a retarding medium to slow the paint drying. It will dry faster outdoors.

For this workshop, please ensure you have the following...

- A sketchbook and a pencil, or a pen for quick value studies.
- If you are not used to being on your feet for long periods I recommend a stool/chair.
- Please ensure you bring a hat, sunscreen and a water bottle.
- I highly recommend some kind of viewfinder. This can be very useful when you're surrounded by so many beautiful scenes and aren't sure of what to paint. You can buy something like this gray one, or a few cut pieces of old matt board work too.



I will provide a worksheet with summary information from the workshop to help you for the remainder of the festival week.

There will be a café available for lunch or you can BYO lunch.

I'm looking forward to painting with you!

Natasha